



# NEWSLETTER # 5-MARCH 2026

**Welcome to the fifth Resilient Responders Project newsletter!**

In this edition, we share key findings from our efforts to strengthen the psychological resilience of disaster response personnel.

## Project Updates:

We are pleased to share that the pilot trainings of the Resilient Responders project have been successfully completed **in Italy, Greece, Türkiye, and Portugal.**

**In total, 273 frontline professionals and volunteers were trained,** strengthening their skills in psychological resilience and crisis response. The feedback received has been highly positive, highlighting the relevance and practical value of the training.



Stay tuned





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## Project Updates

At the same time, our online platform is now fully updated and hosts all project training materials. We invite you to explore the resources and make the most of the tools developed throughout the project.

Don't forget to [register on the platform](#) to access all materials and stay connected with our community.

### Select Course



Courses  
Module 1: Psychological Resilience Training  
🔍 20 👁 120  
☆☆☆☆ 0.0



Courses  
Module 2: Stress Management Techniques  
🔍 11 👁 99  
☆☆☆☆ 0.0



Courses  
Module 3: Psychological First Aid (Pfa)  
🔍 3 👁 97  
☆☆☆☆ 0.0

## Learn More



## What's Next

As we move into the final phase of the project, we are preparing a series of final events.

These sessions will focus on key topics such as psychological resilience, stress management, and support mechanisms for frontline responders. They will also provide space for reflection, exchange of experiences, and discussion on how to apply the project results in real-life contexts.

Stay tuned for upcoming announcements and join us in these final activities!

Stay Tuned



## Our Partners



Kahramanmaraş Sütçü İmam  
University, Türkiye



Asociación AHORA ONG,  
Spain



Trend Education NGO,  
Kahramanmaraş, Türkiye



European Grants International  
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and Development, Greece



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