



NEWSLETTER # 1 - NOVEMBER 2024

Welcome to the first Resilient Responders Project newsletter!

In this edition, we share key findings from our efforts to strengthen the psychological resilience of disaster response personnel.

Project Overview:

The Resilient Responders Project develops tailored resilience training for disaster response personnel, enhancing stress management skills, promoting knowledge sharing, and providing accessible training, especially in under-resourced areas. It aims to prevent secondary trauma, build long-term resilience, and offer a digital platform with resources and best practices.

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Target Groups:

- Personnel Involved in Disaster Management and Response
- Trainers and Facilitators
- Disaster Response Organizations
- Stakeholders and Policymakers



Stay tuned





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Key Activities in Progress:

- **Kick-Off Meeting:** The project partners gathered to set objectives, plan activities, and define roles.
- Our team is currently developing the psychological resilience training curriculum, integrating best practices and expert input from professionals in the field.
- We are conducting interviews with disaster response personnel to ensure our training modules are practical, relevant, and effective.



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Expected Outcomes

- Development of psychological resilience training programs tailored to the needs of disaster response personnel.
- Creation of a specialized curriculum focusing on stress management, trauma resilience, and emotional well-being.
- Successful delivery of customized resilience training to ensure practical implementation.
- Enhanced coping skills, emotional well-being, and preparedness in managing psychological challenges for disaster response teams.

Stay Tuned





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Upcoming Events :

- **Interviews:** We will continue our series of interviews with professionals to gather valuable insights.
- **Focus Group Meetings:** Several focus groups are scheduled in the upcoming months to test and refine our training modules.
- **Survey Launch:** We are preparing a comprehensive questionnaire to collect feedback on training needs and gaps from various target groups.



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Our Partners



Kahramanmaraş Sütçü İmam
University, Türkiye



Asociación AHORA ONG,
Spain



Trend Education NGO,
Kahramanmaraş, Türkiye



European Grants International
Academy SRL, Italy



Institute of Entrepreneurship
and Development, Greece



Animam viventem Association,
Portugal